



RAJ APICON

BIKANER 2025



37TH ANNUAL CONFERENCE OF ASSOCIATION OF PHYSICIANS OF INDIA, RAJASTHAN CHAPTER

THEME : UNDER AEGIS OF DEPARTMENT OF MEDICINE, BIKANER ACADEMIC
RESEARCH AND WELFARE SOCIETY, BIKANER & API BIKANER CHAPTER

VENUE : GANESHM RESORT, BIKANER

DATE : 20TH - 21ST DECEMBER 2025

SCIENTIFIC PROGRAM

RMC CME CREDIT HOURS AWARDED
RMC/CME/2025/10739, DATED 21/11/2025



SCIENTIFIC PROGRAM

SATURDAY, 20TH DECEMBER 2025

DAY 1

DR KD GUPTA HALL (HALL - A)

9:00AM-9:15AM

INAUGURATION OF THE SCIENTIFIC SESSION

SESSION-1

CHAIRPERSON: Dr Avinash Kalla, Dr Jitendra Falodia, Dr Karamveer Godara, Dr Rajendra Tanwar

Time	Title	Speaker/Presenter
09:15AM-09:30AM	From creatinine to crisis: early detection of CKD	Dr Ashutosh Chaturvedi
09:30AM-09:45AM	Beyond the bladder : Understanding the complicated UTI	Dr Mohit Nagpal
09:45AM-10:00AM	Asymptomatic hyperuricemia : To treat or not to treat?	Dr Pankaj Beniwal
10:00AM-10:05AM	DISCUSSION	

SESSION- 2

CHAIRPERSON: Dr Arun Kalra, Dr Shailendra Mathur, Dr Shivam Madan, Dr Vinod Aswal

Time	Title	Speaker/Presenter
10:05AM-10:20PM	Type 2 Diabetes mellitus : Mono, dual and triple drug therapy and RSSDI guidelines of management	Dr Mahaveer Singh
10:20AM-10:35AM	Acute metabolic emergencies in diabetes mellitus	Dr. Anil Samariya
10:35AM-10:50AM	Osteoporosis :Modern approaches to diagnosis and management	Dr Rajesh Khargawat
10:50AM-11:05AM	Lipitension: Cross talk between hypertension and dyslipidemia	Dr K.K Pareek
11:05AM-11:10AM	DISCUSSION	

SESSION- 3

CHAIRPERSON: Dr Inder Puri, Dr LD Bhardwaj, Dr Manish Siloliya, Dr Pankaj Tantia

Time	Title	Speaker/Presenter
11:10AM- 11:25AM	TBD	TBD
11:25AM -11:40AM	Approach to thrombocytopenia and ITP	Dr Rahul Bhargava
11:40AM-11:55AM	Does AI onslaught signal an end to clinical acumen?	Dr Anupam Prakash
11:55AM-12:00PM	DISCUSSION	

SCIENTIFIC PROGRAM

SATURDAY, 20TH DECEMBER 2025

12:00PM-01:00PM	INAUGURATION OF THE CONFERENCE		
Oration			
HC SAXENA MEMORIAL ORATION			
CHAIRPERSON: Dr Arvind Jain, Dr Aziz Sulemani, Dr M Sabir, Dr RK Suman			
01:00PM-01:30PM	New Era Of Ldl-c Managemnt		Dr Sudhir Bhandari

RAJAPI ORATION		
CHAIRPERSON: Dr DK Kochar, Dr RP Gupta, Dr Sanjiv Maheshwari, Dr TD Aggarwal		
01:30PM-02:00PM	Common Mistakes In Managing Diabetes	Dr Ashok Taneja
02:00PM-02:45PM	LUNCH	

SESSION - 4		
CHAIRPERSON: Dr Ajeet Garhwal, Dr Hardev Nehra, Dr SS Gate, Dr Vijay Tundwal		
Time	Title	Speaker/Presenter
02:45PM-03:00PM	I GlarLixi: A solid approach for comprehensive T2DM management	Dr Atul Dhingra
03:00PM-3:15PM	Inhaled insulin - AFFREZA	Dr Sailesh Lodha
3:15PM-3:20PM	DISCUSSION	

SESSION - 5		
CHAIRPERSON: Dr Mayank Gupta, Dr Pintu Nahta, Dr RG Kumawat, Dr Sunil Budhanian		
Time	Title	Speaker/Presenter
03:20PM-3:35PM	Resistant hypertension: Detection , evaluation and treatment approaches	Dr Munish Prabhakar
03:35PM- 03:50PM	Heart Failure: HFpEF vs HFrEF- Therapeutic targets	Dr Varun Kulkarni
03:50PM-04:05PM	Hydrochlorothiazide reassurance of CV protection from newer evidence	Dr Alok Gupta
04:05PM-04:20PM	New frontiers in valve treatment	Dr Premratan
04:20PM-04:25PM	DISCUSSION	

SCIENTIFIC PROGRAM

SATURDAY, 20TH DECEMBER 2025

SESSION - 6

CHAIRPERSON: Dr Alok Gehlot, Dr Khayal Gupta, Dr RP Kothari, Dr SS Kachhawa

Time	Title	Speaker/Presenter
4:25PM-4:40PM	Stepping stones to effective obesity management: Exploring the role of semaglutide 2.4mg	Dr Puneet Saxena

PANEL DISCUSSION : Dr Puneet Saxena (Moderator)

4:40PM-05:15PM	Tackling the next global pandemic- Obesity	
	a) Addressing the dual issues of glycemia and weight as the power of one	Dr Hardev Nehra
	b) Clinical trials to real life : Weight loss that goes beyond	Dr Mahesh Dave
	c) Beyond mere metabolics : Saving organs and lives	Dr Anil Samariya

SESSION - 7

CHAIRPERSON: Dr Dheeraj Verma, Dr Gunjan Soni, Dr Hanuman Jaipal, Dr Ravi Chandak

Time	Title	Speaker/Presenter
5:15PM-5:30PM	Allergic bronchopulmonary aspergillosis	Dr Pradeep Bajad
5:30PM-5:45PM	Guidelines to Practice : Recent developments in COPD management	Dr Virendra Singh
5:45PM-06:00PM	Sleep apnea: When snoring becomes dangerous	Dr Puneet Rijhwani
06:00PM-6:05PM	DISCUSSION	

07:30PM Onwards DINNER



SCIENTIFIC PROGRAM

SATURDAY, 20TH DECEMBER 2025

DR SN MISHRA HALL (HALL - B)

SESSION-1

CHAIRPERSON: Dr Abhishek Kochar, Dr Anil Sobti, Dr Jagdish Kukna, Dr OP Suthar

Time	Title	Speaker/Presenter
09:00AM-09:15AM	Breaking the cycle: Advances in status epilepticus management	Dr. Arvind Vyas
09:15AM-09:30AM	Indian perspective and approach to stroke in young	Dr. D P Singh
09:30AM-09:45AM	Practical approach to acute central nervous system infection in India	Dr Vipin Ola
09:45AM-09:50AM	DISCUSSION	

SESSION -2

CHAIRPERSON: Dr Abhishek Aggarwal, Dr Devendra Aggarwal, Dr Tansukh, Dr VB Singh

Time	Title	Speaker/Presenter
09:50AM-10:05AM	Diagnostic challenges and advances in invasive fungal infections in ICU	Dr Sunil Mahavar
10:05AM- 10:20AM	Sudden cardiac arrest in apparently healthy young adults: A neurocardiac and electrophysiological perspective	Dr Reshu Gupta
10:20AM-10:35 AM	TBD	TBD
10:35AM -10:40AM	DISCUSSION	

SESSION- 3

CHAIRPERSON: Dr Babulal Meena, Dr NK Gupta, Dr Rishabh Kochar, Dr Umesh Chahar

Time	Title	Speaker/Presenter
10:40AM-10:55AM	Management of rheumatological disorders in pregnancy	Dr Rahul Jain
10:55AM-11:10AM	Dengue fever: Therapy and target	Dr Neeraj Lodha
11:10AM -11:25AM	Care bundles in critical care	Dr CL Nawal
11:25AM-11:40AM	TBD	TBD
11:40AM-11:55AM	Feeding the critically ill: Modern perspective in ICU nutrition	Dr Manish Munjal
11:55AM- 12:00PM	DISCUSSION	

SCIENTIFIC PROGRAM

SATURDAY, 20TH DECEMBER 2025

SESSION - 4

CHAIRPERSON: Dr Dayal Sharma, Dr Rajesh Katewa, Dr Ritvik Aggarwal, Dr Subhash Gaur

Time	Title	Speaker/Presenter
02:45PM-03:00PM	Evidence based approaches to septic shock: Steroid therapy in focus	Dr Mahesh Dave
03:00PM-03:15PM	Thyroid evaluation: Pearls and pitfalls	Dr Shivani
03:15PM-03:30PM	Role of 4 factor PCC in management of life threatening bleeding	Dr Vishnu Sharma
03:30PM-03:35PM	DISCUSSION	

SESSION - 5

CHAIRPERSON: Dr Anil Mehlawat, Dr JK Meel, Dr Manoj Mali, Dr Rajat Ranka

Time	Title	Speaker/Presenter
03:35PM-03:50PM	Ankylosing spondylitis: Approach and management of low backache	Dr Arun Tiwari
03:50PM-04:05PM	Rheumatoid arthritis : Treat to target	Dr. L. A. Gauri
04:05PM-04:20PM	Overlap syndrome: Where diagnosis intersect	Dr. Renu Saigal
04:20PM-04:35PM	Post viral arthropathy	Dr Danveer Bhadu
04:35PM-04:40PM	DISCUSSION	

SESSION - 6

CHAIRPERSON: Dr Ajeet Garhwal, Dr Vikas Pareek

Time	Title	Speaker/Presenter
04:40PM -05:25 PM	PANEL DISCUSSION:TROPICAL DISEASES	
	Moderator	Dr DK Kochar
	a)Brucellosis	Dr BK Gupta
	b)Chikungunya	Dr Swati Srivastava
	c)Scrub Typhus	Dr Raman Sharma
	d)Malaria	Dr Indu Thanvi

SESSION - 7

Chairpersons:Dr JK Khatri, Dr Manak Gujrani, Dr Pukhraj Saadh, Dr Shivshankar Jhanwar

Time	Title	Speaker/Presenter
05:25PM-05:40PM	Achieving remission in severe eosinophilic asthma with the use of biologics	Dr Rakesh Godara
05:40PM-05:55PM	Lung cancer : Earlier diagnosis is the key	Dr Aqeel Haider
05:55PM-06:00PM	DISCUSSION	

SCIENTIFIC PROGRAM

SATURDAY, 20TH DECEMBER 2025

DR K. KUMAR HALL (HALL - C)

Time	Title	Speaker/Presenter
10:30AM-12:00PM	WORKSHOP- ECG WORKSHOP FOR PHYSICIANS	Dr Dinesh Chaudhary Dr Nadeem Dr Anshul
12:15PM-1:15PM	QUIZ- ENDOCRINE HAWK EYE- AJMER MEDIQUIZ	Dr Hardev Nehra

03:00PM-4:00PM

AWARD PAPER PRESENTATION

JUDGES: Dr DC Kumawat, Dr Sanjeev Maheshwari, Dr Srikant Sharma

4:00PM-6:00PM

FREE PAPER PRESENTATION

Judges: Dr Alok Gupta, Dr Ashwini Vyas

DR HC SAXENA HALL (HALL - D)

Time	Title	Speaker/Presenter
03:00PM-4:00PM	AWARD POSTER	
JUDGES: Dr Rajendra Tanwar, Dr Sanjay Mehendiratta		

04:30PM-5:30PM

FREE POSTER PRESENTATION

JUDGES: Dr Alok Gehlot, Dr AR Pathan, Dr Dharmendra Rojh, Dr Mayank Gupta,
Dr Vijay Setia, Dr Vishal Gupta



SCIENTIFIC PROGRAM

SUNDAY, 21ST DECEMBER 2025

DAY 2

DR KD GUPTA HALL (HALL-A)

08:45AM-09:00AM	INAUGURATION ICP CME	
09:00AM-10:35AM	ICP CME	
Oration		
SN PAREEK MEMORIAL ORATION		
Chairpersons: Dr BS Bomb, Dr GD Ramchandani, Dr Prakash Keswani, Dr RP Aggarwal		
09:00AM-09:30AM	Decoding Type 2 Diabetes : The Overlooked Diagnosis In Clinical Practice	Dr Meenakshi Sharda

SESSION- 1

CHAIRPERSON: Dr BK Gupta, Dr Dilip Soni, Dr Parmendra Sirohi, Dr Ummed Singh

Time	Title	Speaker/Presenter
09:30AM -09:45AM	Borderline dyslipidemia : Evidence, controversies and practical approaches	Dr Girish Verma
09:45AM -10:00AM	Indian scenario regarding vaccination in elderly	Dr S S Dariya
10:00AM-10:15AM	Sarcopenia and Type 2 diabetes	Dr Prakash Keswani
10:15AM-10:30AM	The fibrotic frontier – Advances in ILD diagnosis and management	Dr Naveen Dutt
10:30AM-10:35AM	DISCUSSION	

SESSION- 2

CHAIRPERSON: Dr Anil Khatri, Dr Ashish Joshi, Dr Dinesh Pal, Dr Sushil Falodia

Time	Title	Speaker/Presenter
10:35AM-10:50AM	Approach to hyperbilirubinemia	Dr Sahil
10:50AM-11:05AM	Treatment of H. Pylori: New Recommendation by ACG 2024	Dr Gautam Bhandari
11:05AM-11:20AM	Abdominal TB vs Crohn's : Indian diagnostic dilemma	Dr Sudhir Maharshi
11:20AM-11:35AM	Bridging the gap – New therapies and technologies in portal hypertension	Dr Shashtry SM
11:35AM-11:40AM	DISCUSSION	

SCIENTIFIC PROGRAM

SUNDAY, 21ST DECEMBER 2025

SESSION - 3

Chairperson: Dr Mahendra Sisodiya, Dr OP Jatav, Dr Rohitash Kularia, Dr Shyamlal Meena

Time	Title	Speaker/Presenter
11:40AM-11:55AM	Heat stroke : When to suspect and how to treat?	Dr Sandeep Tak
11:55AM-12:10PM	Two hearts, one risk: Navigating hypertension in pregnancy	Dr Girish Mathur
12:10PM-12:25PM	Antibiotic stewardship and rational antibiotic use in intensive care	Dr Deepak Gupta
12:25PM-12:30PM	DISCUSSION	

SESSION - 4

Chairperson: Dr Harish Arya, Dr Hemant Mahur, Dr JP Suthod, Dr Parvej Sameja

Time	Title	Speaker/Presenter
12:30PM-12:45PM	How to read CBC?	Dr. Sudhir Mehta
12:45PM-01:00PM	Perioperative anticoagulation	Dr Upendra Sharma
01:00PM-01:15PM	Advances in management of infections in the immunocompromised patients	Dr Hemant Malhotra
01:15PM-01:20PM	DISCUSSION	

SESSION - 5

CHAIRPERSON: Dr Atmaram, Dr Gaurav Mathur, Dr Makhan Lal Saini, Dr OP Beniwal

Time	Title	Speaker/Presenter
01:20PM-01:35PM	Cardiovascular complications in infectious disease	Dr Jyotirmoy Pal
01:35PM-01:50PM	New Antiphospholipid syndrome criterion	Dr Nandini Chatterjee
01:50PM-02:05PM	LAI ASCVD risk calculator-Initial experience	Dr Raman Puri
02:05PM-02:10PM	DISCUSSION	

SCIENTIFIC PROGRAM

SUNDAY, 21ST DECEMBER 2025

SESSION - 6

CHAIRPERSON: Dr Mahaveer Jakhar, Dr NK Gehlot, Dr NL Mahavar, Dr PD Tanwar

Time	Title	Speaker/Presenter
02:50PM-03:05PM	Obesity in 21st Century: Trends, challenges and management approaches	Dr JK Sharma
03:05PM-03:20PM	Transforming diabetes care landscape with 2nd gen basal insulin	Dr SK Sharma
03:20PM-03:35PM	Pulmonary complications of blood transfusion: TRALI & TACO in focus	Dr Pankaj Anand
03:35PM- 3:50PM	SURMOUNT-ing obesity with Tirzepatide	Dr Shailesh Lodha
03:50PM-04:05PM	Tirzepatide vs Semaglutide : Evidence from head – to-head trials	Dr SK Sharma
04:05PM- 04:10PM	DISCUSSION	

DR K. KUMAR HALL (HALL-C)

10:00AM -11:30AM	WORKSHOP -2 : CGMS AND INSULIN DEVICES	Dr Ankita Aneja Dr Sanjay Saran
12:00AM- 02:00PM	FREE PAPER PRESENTATION	
Judges:dr Mukesh Gupta, Dr Rahul Chandel		

DR SN MISHRA HALL (HALL-B)

10:00AM-11:30PM	WORKSHOP-3: ABG ANALYSIS AND MANAGEMENT OF ELECTROLYTE IMBALANCE	Dr Mohit Somani Dr Pankaj Anand
12:00PM-01:30PM	FREE PAPER PRESENTATION	
Judges: Dr Shyamlal Meena, Dr Vk Goyal		
03:00PM-04:30PM	FREE PAPER PRESENTATION	
Judges: Dr Nk Dara, Dr Subhash Gaur		

DR HC SAXENA HALL (HALL-D)

12:00PM-1:00PM	FREE POSTER PRESENTAION
Judges: Dr Apoorv Nidhi Kaushik, Dr Baldev Meena, Dr Pratap Singh Shekhawat, Dr Prem Prakash Geela, Dr Sanjay Saran	

DR KD GUPTA HALL (HALL-A)

04:10PM- 04:40PM	VALEDICTORY FUNCTION	
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RAJ APICON

BIKANER 2025



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